

Rain Can't Stop Recovery Day

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Despite some very uncooperative weather, this year's Recovery Day was a success. Residents, staff, and supporters of recovery were in attendance throughout the day. The rain was constant, so the focus this year turned to the activities within the different tents.



Al Halley presented an award to Dale Zuchlewski, HAWNY's Executive Director

The main tent saw a steady rotation of music and residents bravely speaking about their personal recovery. During the opening remarks, Al Halley, Cazenovia Recovery's Chief Operations Officer, was proud to acknowledge that "people can and do recover." The first Recovery Day Recognition Awards were presented to deserving organizations and individuals who make important contributions to the recovery community in Western New York. The organization award was given to the Homeless Alliance of Western New York (HAWNY) for providing assistance

to local agencies to ensure that recovery is possible. We also recognized Joseph E. Luper, a former employee, for his constant dedication, even after his retirement, to the people we serve.

Meanwhile, the kids' tent was easily the most colorful. There was a craft table, popcorn, balloons, a coloring contest to mirror the Art Show, and a sketch artist that delighted people with his portraits. Kids in attendance absolutely loved Todd Nelson, a local magician who performed at the end of the event. As the rest of the tents were being disassembled to close the event, the kids sat captivated until the very end.



Joshua Kellick, Sarah Herko, and Scotty Burt coordinated this year's Art Show

A third tent contained the Recovery Day Art Show and numerous informational tables. The second installment of our Art Show featured some wonderful work by

Let's Welcome:

Sandra Earsing, RN, and Stacey Spengler, SL Case Manager, are both new to Turning Point House.

Cazenovia Creators & Catchers:

Jessica Teresi nominated Jeff Pries and the maintenance team for doing a phenomenal job cleaning out Ivy House.

Angela Angora nominated Barbara Bowman and Patricia Izzo for their collaboration in getting \$7,000 of craft kits donated to Liberty Hall.

Angela Angora also nominated Harry Lonnen for getting a new grill donated to Liberty Hall.

Ryan Zwan nominated Latera Hodges from Supportive Living for creating a positive work environment and for going above-and-beyond her job duties.

Congratulations to Bonnie Roodrich from SL for winning this quarter's drawing for a \$25 gift card! Great work, Bonnie!

Be sure to nominate your fellow staff members by sending submissions to Ed Cichon. The next drawing will be held in December.

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residents and staff based on the theme of “Connecting Recovery, Nature, and Spirituality.” The winning piece, “My Cat,” by Erik M., was an accomplished pastel portrait of a cat. Informational tables included Blue Cross Blue Shield, Walsh Duffield, Planned Parenthood, and more.

Other tents held the food, which was catered by Jeff Block and Vinnie Miranda from Airport Pizza. Moving between the tents usually meant a small soaking, though most attendees didn’t seem to mind. Lisa Johnston, Site Supervisor at Casa Di Vita, described turnout as “great,” considering the weather. Staff members remarked on how everyone enjoyed yet another celebration of recovery.



Cazenovia Recovery Staff: Johnnie Caver, Lisa Kauffman, and Martie Kaeding

Attend Our Upcoming Health Fair

The Wellness Committee will be presenting the agency’s first Health Fair on Thursday, October 22 from 11:30AM - 2:30PM. It will take place at the Marcy Casino in Delaware Park in Buffalo. Cazenovia Recovery and Fellowship House employees are welcome to attend and refreshments will be provided. The Wellness Committee is looking to provide a day for employees to learn about healthy activities throughout the area. Confirmed vendors thus far are New York State Parks, Kissing Bridge, Rite Aid, and more. Stop by to learn some useful information and for a quick bite to eat.



Our Health Fair takes place on October 22

Sundram Manor Graduation

The SUNY ATAIN (Advanced Technology Training and Information Networking) Lab provided free certification classes to eligible residents of Fellowship House community residences wanting to become more employable. Class topics included customer service, Microsoft Office, security, office skills, and other technology-based subjects. Residents from Sundram Manor, a Fellowship House program, were a part of the summer session and attended a graduation ceremony this month. Tangela Watson-Bogan, Clinical Supervisor, noted that the residents had heartfelt “appreciation” for the ceremony.



Sundram Manor residents attended their graduation from the SUNY ATAIN Lab

Trustworthiness and Transparency

According to SAMHSA (2014), trustworthiness occurs in an organization when the organizational operations and decisions are conducted with transparency and are aimed at building and maintaining trust with clients, staff, and all others involved in the organization. Someone who has experienced trauma may have difficulty trusting others. Establishing a safe, trusting relationship is essential to the healing process. Having clear and consistent expectations, following through on what you said you would do, and being nonjudgmental and empathetic are just a few ways you can begin to establish trust.

