



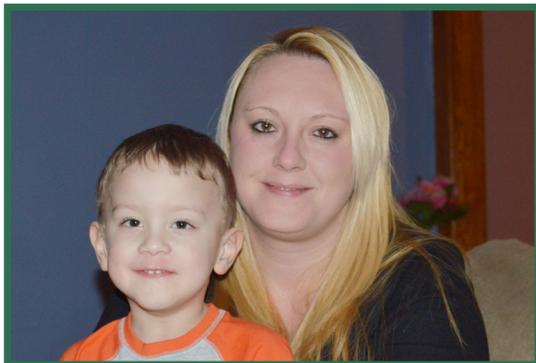
Keeping Families Together

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Recognizing the value of family on the path to recovery, Cazenovia Recovery offers supportive living apartments to parents in recovery with children.

Newly available in Erie County are five apartments that can accommodate seven children among them. Two apartments in Niagara County have a total of three children's places.



Pearl and Jacob

This set-up allows parents to keep youngsters close, each benefiting as the adults transition to independence with continuing support from Cazenovia Recovery. To help with this, the agency also provides rent assistance.

Pearl and her three-year-old son, Jacob, enjoy living in a South Buffalo apartment while her recovery progresses. "I'm changing my life completely and getting back on track," Pearl said. She has been part of the agency's Supportive Living program since June 1. Pearl also regularly sees her 15-year-old son who lives in Attica.

"When I got here, I wasn't working and was not able to live on my own," she said. "This program gave me a place to stay to transition into a job and slowly build up." She has been sober for one year and is soon graduating from Drug Court.

Today, she is an accounting assistant at an area technology company. Her responsibilities have expanded to include hiring new employees. Pearl, who has an associate's degree from Erie Community College, found that Cazenovia Recovery helped her build confidence to seek employment.

"I put in my resume, got a call for an interview the next day and was hired almost immediately," she said. "I have a good resume."



A typical workday begins by dropping Jacob off at a day care center near the apartment. When she returns, she gets to spend precious time with her son. Pearl noted that other

Staffing Info

Let's Congratulate:

Scotty Burt is now the senior relapse prevention specialist at Housing.

Carolyn Kirkwood is now the intake manager at Admin.

Mark Welch is now the facility assistant at Sundram Manor.

Let's Welcome:

Chrissy Calixte, counselor associate at Turning Point House

Lakeisha Delk, residence monitor at Casa Di Vita

Marlando Ellis, maintenance assistant at Admin

Joseph Randle, counselor associate at Unity House

Robia Williams, residence monitor at Unity House

Cazenovia Creators & Catchers:

Bonnie Goodrich

Mary Beth McCormick

Barbara Bowman

Remember to nominate your fellow coworkers before our next quarterly drawing in March.

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women in recovery who reside in the same building are especially kind to Jacob. “Everybody loves him and I think he loves it here,” she said. “All of us are really focused on our recovery. If I can’t reach my sponsor, I have people I can talk to here.”

Pearl paid tribute to her sister’s help, to the memory of her father as a role model for strength in adversity, and to faith in God as inspirations. She is thankful for her Cazenovia Recovery counselor and program guidance. She said: “It helps my self-worth. It lets me know I can do this.”



The Supportive Living Program Office

Benefits of Family Involvement

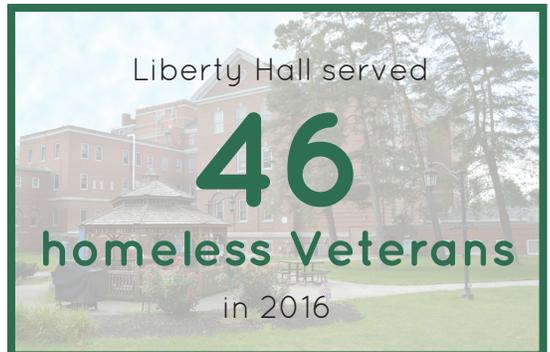
Involving family members in treatment often leads to better outcomes for the person in recovery. When possible, Cazenovia Recovery makes every effort to include family in the process. The agency invites families to tour programs and participate in counseling sessions. This also helps family members to gain a better understanding of addiction and recovery. Both family members and the person receiving treatment can support each other throughout the process. When the parent is in recovery, positive parenting can lead to healthy adolescent development.



Debra, a Housing resident, and her daughter

Dinner to Benefit Liberty Hall

Liberty Hall and a nearby VFW Auxiliary in Batavia have recently developed a wonderful collaboration. The auxiliary collects donations to give to Liberty Hall residents when they discharge. These donations often include towels, small appliances, kitchen gadgets, and other household goods. Such items help make the transition to independence in a new apartment easier. This month, the auxiliary also held a dinner to benefit residents of Liberty Hall and new military recruits who are leaving for basic training soon. Homemade lasagna was served.



Choice at Sundram Manor

The staff at Sundram Manor are conscientious about providing residents with options during their time at the program. Residents have many choices at the program, including what self-help meetings they attend, where to volunteer, and outing locations. When accommodations can be made, residents also have choice in rooms and counselors. The staff at Sundram are also great at empowering the residents and work to provide an environment of validation. The staff are always sure to recognize residents when they step up and do a phenomenal job accomplishing a task. Their hard work does not go unnoticed.

