



The Cazenovia Compass

Success in Housing

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Cazenovia Recovery's Housing Program continually builds upon its successes in meeting the basic needs of those in recovery from substance use and homelessness.

Currently operating six sub-programs in Erie and Niagara counties, the newest is accepting applications for a sub-program in Buffalo for men and women in recovery and who are considered chronically homeless.

The existence of Cazenovia Recovery's Housing Program stands as a powerful encouragement – helping people to find apartments and furniture, assisting with budgeting, shopping and daily living skills, and providing linkages to community resources.



Greg Fulgham, Interim Housing Director

Greg Fulgham, a 10-year Cazenovia employee, is Interim Director of the Housing Program, overseen by Ken Gholston, Director of Grants and Contracts. HUD and OASAS provide funding for these programs.

Greg is proud of the agency's team of

housing specialists. "Anyone on any given day would go above and beyond to meet the needs of our residents," he said. Greg personally brings expertise in mental health, substance use issues, and vocational counseling to his position.



Ricky, a resident of the Housing Program

The Housing Program consists of 110 of the agency's total 364 beds. Ricky, a Housing resident, rates his experience highly. He was previously a resident of Cazenovia's Supportive Living Program and has been part of the Housing Program for one year.

"It has given me a foundation and restored my stability," Ricky said, describing his involvement with Cazenovia as "a launching pad." He added: "I have accomplished a lot of goals."

Ricky is about to graduate from Erie Community College and will move on to Buffalo State College for a degree in Computer Information Systems. Along with celebrating his graduation, he is celebrating the independence he has achieved and his ability to better monitor his own health.

Staffing Info

Let's Welcome:

Jessica Radice, Senior Accountant at Admin

Isaiah Winborn, Custodial Assistant in Maintenance

Ashley Barnes, Facility Assistant at Casa Di Vita

Andrea Beard, Counselor Associate at Somerset House

Antonio Person, Facility Assistant at Unity House

Let's Congratulate:

Alison Whou is now the Accounts Payable Supervisor at Admin

Cazenovia Creators & Catchers:

Joshua Kellick nominated Scotty Burt for always going above and beyond when providing care and for making residents feel comfortable and welcomed.

Tina McCarty-Neveu nominated Tracy Hunt and Bonnie Goodrich for ensuring that a resident made it safely to a higher level of care in a program 5 hours away.

Our next quarterly drawing will be held in June. Be sure to nominate your fellow employees to enter them to win a \$25 gift card!

Recovery Day 2016

Many exciting changes are in store for our fifth annual Recovery Day. This year, it will be held on Friday, August 26 from 11AM – 3PM. It will take place at the Main-Transit Fire Department's Pavilion at 6777 Main St., Williamsville, NY 14221. Many of the previous years' festivities will be featured, including outdoor activities, food, speakers, and fun activities for families. Recovery Day will kick off Recovery Month, which takes place in September and is celebrated nationwide. We look forward to celebrating recovery from substance use with you in fun new ways!



Recovery Day is on Friday, August 26

National Walk at Lunch Day

Wednesday, April 27 was National Walk at Lunch Day. Cazenovia Recovery's Wellness Committee, together with Blue Cross Blue Shield of Western New York, promoted it agency-wide. Participating employees took an hour around lunchtime for walks near their programs all across Western New York to promote fitness. Some programs even involved their residents. Madonna House, our program in Lockport that helps women in recovery, had 20 people walk together. Employees are also participating in a wellness program, Five and Fit, which challenges them to get a certain amount of exercise weekly.



Some Admin staff out for their walk

Food Bank Grants to Our Agency

The Food Bank of Western New York recently awarded three of our programs funding to purchase hot and cold tables. Jeff Pries, our agency's Facility Assistant Coordinator, suggested we apply for the grants to better serve our residents. According to Ken Gholston, our Grants Manager, "these tables make meals easier to serve." They also help to protect residents from potential food-borne illnesses. Ken noted that "this is particularly important for residents with compromised immune systems." Casa Di Vita, Cazenovia Manor, and Turning Point House received these new tables this month.



The Food Bank table at Cazenovia Manor

Focusing on Policy

Written policies and procedures can be used to establish trauma-informed approaches that are recognized throughout the entire agency. This is important while focusing on safety this quarter. Such policies and procedures infuse the principles of trauma-informed care (TIC) into the agency's everyday operations. This ensures that TIC is ingrained in the practices and procedures of the organization, rather than having to solely rely on trainings or a "well-intentioned leader" (SAMHSA, 2014).

