



# The Cazenovia Compass

## Rosemary Duran, 15-Year Board Member

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For nearly 15 years, Cazenovia Recovery Systems has benefited from the active participation of Rosemary Duran, executive director of Transitional Services, Inc. (TSI), as a member of our Board of Directors.



Rosemary Duran

Her experience at TSI, a nonprofit that provides residential psychiatric rehabilitation to individuals who have serious mental illness, and her knowledge of current service trends and government regulations make her a valued advocate.

“TSI’s services are very similar to Cazenovia Recovery’s, except TSI serves those with mental health disorders instead of substance use,” Rosemary explained. Both agencies offer residential opportunities to acquire the skills and confidence necessary for recovery and independent living.

Sue Bissonette, Cazenovia’s executive director, invited Rosemary to join the

agency’s Board. The two met while serving together on the Board of the Homeless Alliance of WNY. Since joining Cazenovia Recovery’s Board, Rosemary has worked on numerous initiatives, always sharing her knowledge of governance, personnel, and program responsibilities. She chairs the special review committee and she provided valuable feedback in crafting our Corporate Compliance Plan. As a finance committee member, she meets quarterly with the retirement plan broker. She also serves on the Cadence Square Board.



Cadence Square in Canandaigua

With a master’s degree in social work from the University at Buffalo, Rosemary worked through job positions at TSI including counselor, supervisor, program manager and associate director before assuming top leadership in 2013.

“There is a lot of overlap with the populations we serve,” she said. “Some people have

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## Staffing Info

### Let’s Welcome:

Joshua Budde, case manager at  
Liberty Hall

Rebecca Hatala, clinical aide at  
Turning Point House

### Cazenovia Creators & Catchers:

Lindsay Delano

Susan Phibbs

Latera Hodges

Debra Cannon

Congratulations to Rachel  
White for winning this  
quarter’s gift card!

Remember to nominate your  
fellow coworkers before our  
next drawing in March.

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substance use issues due to trauma. Referrals are often made between our agencies.” Both organizations focus on training to provide Trauma-Informed Care.

Rosemary said that she enjoys being with Board members attuned to Cazenovia Recovery’s mission and in support of “a very strong and committed executive director.”

She added: “I learn from Cazenovia and I hope Cazenovia learns from me. Andrea Ocasio, Director of Clinical Services, trained TSI staff on the use of Narcan. I don’t know if we would have done that if I hadn’t been influenced by what you have done in that area.”

## Citizen Advocate in Niagara County

A citizen advocate attends the Niagara County Legislature meetings, and he noticed funding originally intended for Fellowship House was unused. He brought this to the attention of the Niagara Legislature, and they happily offered this funding to Cazenovia Recovery instead. Throughout the process, he left us voicemails with updates. We plan to use the funds to support our Supportive Living program in Niagara County. If you know this citizen advocate, please express our gratitude to him and have him contact our Administrative Office!

## Collaborative PSA

Cazenovia Recovery Systems collaborated with Family and Children’s Services of Niagara and 2-1-1 WNY to create a public service announcement (PSA) in Niagara County. The joint PSA focuses on finding help with parenting, alcohol or drug addiction, mental health challenges, and more. It’s currently airing on WLVL in Lockport (1340AM and 105.3 FM) and WJLL (1440AM). It was also broadcast on WBEN (930AM). The PSA hopes to reach individuals and families in Niagara County who may be in need of assistance.

## Seeking Safety at Unity House

Unity House residents are participating in a Seeking Safety group, which helps residents to identify and understand past histories of trauma. Based on the instructions of Lisa Najavits, Seeking Safety is used throughout the field of substance use recovery to promote trauma awareness. According to Cierra Young, senior counselor, residents have made “great breakthroughs” in their group. “They’re opening up and making connections with each other,” she said. In fact, when one resident had a difficult time with positive self-talk, the entire group offered words of encouragement and empowerment.



Rosemary has been  
a Board Member of  
Cazenovia Recovery since  
**2003**



Niagara County’s Courthouse and Legislature



Hear our PSA on  
**WLVL and WJLL**  
in Niagara County

**Trauma-Informed Care**

*Corner*

Safety • Trust • Choice  
Collaboration • Empowerment