Cazenovia Recovery Systems 2015 Annual Report

A Helping Hand

Ron and Kyle from Cazenovia Manor



ZENOVIA RECOVERY SYSTEMS

Guiding Statements

mission

Cazenovia Recovery Systems, Inc. is a private not-for-profit corporation whose primary purpose is to provide a comprehensive continuum of substance use and mental health residential treatment services to men and women in recovery. We are a vital partner in affordable neighborhood housing that is sensitive to the needs of the community.

vision

Cazenovia Recovery Systems, Inc. will provide the highest quality residential services available, which will empower each person to build a better life.

diversity

Cazenovia Recovery Systems Inc. will continuously seek to enhance its commitment to welcome and serve individuals of all backgrounds. This will be done through hiring practices, ongoing trainings and communications that value the differences among us.

In this diverse and socially changing environment, the agency will assist individuals to improve the quality of their lives through recovery-oriented services and a safe living environment.

The agency will seek to ensure a climate that will embrace all, regardless of their differences, ideas, beliefs or cultural values. Our safe living environments will recognize and respect the beliefs, ideas and values of the individuals and communities the agency serves.

building futures



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About the Agency

We are a private not-for-profit organization that operates residential programs for adults with substance use disorders, many of whom have mental health diagnoses and significant medical challenges. Founded in Buffalo in 1981, the organization is governed by a Board of Directors and is licensed and regulated by the New York State Office of Alcoholism and Substance Abuse Services (OASAS).

We offer four levels of community residential services including intensive residential rehabilitation, community residential treatment, supportive living, and supported housing. Each of our programs is part of a total continuum of care. We take a personcentered approach to care so that residents receive individualized treatment and support services based on their specific circumstances.



Cazenovia Manor in South Buffalo

Board of Directors

John Anderson President

David H. Nelson Vice President

Catherine Braniecki Treasurer

Neldria Staton Secretary

Rosemary Duran Member

Susan A. Green Member

Sharon M. Hayes Member

Andrea A. Mujahid-Moore, Esq. Member



Throughout 2015, Cazenovia Recovery lent a helping hand to people and organizations all across Western New York. Last year presented our agency with countless opportunities to show our community that the help we provide is unique and highly effective.

Of course, caring for people in need forms the basis for everything that we do. As such, we continued to promote healing and recovery in our residents through our support services and treatment. Over 800 people received care from our agency in 2015. We asked our residents, "How has Cazenovia Recovery lent you a helping hand?" to learn just how our care changed their lives. You will see their uplifting responses throughout this report.

Despite challenging restrictions in funding, we continued to support homeless individuals in recovery by opening Unity House in Buffalo. This 24-bed program is a new community residence licensed by the New York State Office of Alcoholism and Substance Abuse Services.

We also provided help to an agency in Niagara County that was struggling to survive. Thanks to our efforts, their programs are now thriving under our umbrella. Niagara County residents can breathe a sigh of relief because they will continue to have access to important recovery services.

Although Cazenovia Recovery provides help to hundreds of people every year, sometimes we need assistance, too. Thanks to the generosity of the Tower Foundation, we began a dynamic relationship with the Institute on Trauma and Trauma-Informed Care in 2015. This partnership will instill Trauma-Informed Care into the very foundation of our agency. In fact, we were the first organization in Western New York to hire a full-time employee to implement Trauma-Informed Care throughout the entire organization. This will allow us to deliver even better treatment to our residents while simultaneously making Cazenovia Recovery a wonderful place to work.

Western New York is healthier, safer, and more hopeful thanks to the care we provide to people in need. I welcome you to see just how Cazenovia Recovery provided a helping hand to hundreds of people all over Western New York in 2015.

Auganne L Gissonelle

Suzanne L. Bissonette **Executive Director**

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Funding

Operational Funding

New York State Office of Alcoholism and Substance Abuse Services

New York State Office of Mental Health

Erie County Department of Mental Health

United States Department of Housing and Urban Development

United States Veterans Administration - Grant & Per Diem Program

KeyBank

The Peter and Elizabeth C. Tower Foundation

Departments of Social Service throughout New York State including Erie County

Cazenovia Recovery Systems, Inc.

<u>Capital Contributors</u>

New York State Office of Alcoholism and Substance Abuse Services New York State Office of Mental Health New York State Homes and Community Renewal United States Veterans Administration - Grant & Per Diem Program Federal Home Loan Bank - M&T Bank Key Community Development Corporation

2015 in Numbers

807 residents served

8 Veterans served



outcomes

♣ REDUCEDemergency room use



of residents had no emergency

room visits during their stay with us

O

of residents had no hospital admissions during their stay with us





51% had a mental health diagnosis







had no mental health inpatient admissions during their stay with us

66 We have a sisterhood here. -Catherine

Casa Di Vita

Community Residence for Women

of residents had no hospital admissions

OUTCOMES

had no medical emergency room visits

100% 86% 100%

had no behavioral health inpatient admissions

Cazenovia Manor

Community Residence for Men





of residents remained abstinent

had no medical emergency room visits 66 I've experienced recovery in the real world. -Matt



of successful residents transitioned to a less intensive level of care

66 I've accomplished so many things. -Marsha

Housing

HUD & OASAS-funded apartments

OUTCOMES 83% 97%

of residents remained abstinent



of residents had no hospital admissions



had no behavioral health inpatient admissions

OUTCOMES



of residents remained abstinent were linked with VA medical services

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Liberty Hall

Community Residence for Homeless Veterans

78% 100% 100%

were linked to financial resources or benefits

66 "It's given me hope, self-respect, and dignity. -Michael

Unity House

Community Residence for Homeless Men

OUTCOMES

75% 100% 100%

of residents remained abstinent

had no hospital admissions

had no behavioral health inpatient admissions

Niagara County

In 2015, Cazenovia Recovery Systems agreed to lend a helping hand to a fellow provider that was facing many challenges. Fellowship House, which operated residential programs in Niagara County similar to our own, was no longer able to manage the fast-changing environment in our field. Since its services were essential and could not be allowed to end, Cazenovia Recovery agreed to assume operations of its four programs: Madonna House, Somerset House, Sundram Manor, and a Supportive Living program.

Our agency and the new Niagara County programs prepared diligently for the transition, which formally took place on January 1, 2016. It was seamless, and our bed capacity expanded by 20 percent overnight.

Not only did Cazenovia Recovery's major expansion into Niagara County ensure the future of these important programs, our agency is now stronger and more comprehensive than ever.

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foundation for a sober lifestyle. -Jessica





<u>Erie County</u>

Casa Di Vita

For women 200 Albany St. Buffalo, NY 14213 (716) 882-2108 Housing For men, women, and parents with children 1430 Main St. Buffalo, NY 14209 (716) 894-7298

Cazenovia Manor

For men 486 N. Legion Dr. Buffalo, NY 14210 (716) 822-8932 (716) 894-7298 Supportive Living For men, women, and parents with children 605 Fillmore Ave.

605 Fillmore Ave. Buffalo, NY 14212 (716) 894-7274

Administrative Office

2671 Main St. Buffalo, NY 14214 (716) 852-4331

<u>Niagara County</u>

Madonna House

For women and women with children 5586 Niagara St. Ext. Lockport, NY 14094 (716) 438-9131 Somerset House *For women* **7397 Lake Rd.** Appleton, NY 14008 (716) 795-3719

431 Memorial Pkwy. Niagara Falls, NY 14303 (716) 284-6228

Sundram Manor

For men

Niagara County Clinical Office &

Supportive Living 76 West Ave. Lockport, NY 14094 (716) 282-8510

<u>Genesee County</u>

Liberty Hall

For homeless Veterans 222 Richmond Ave. Batavia, NY 14021 (585) 343-3094

www.cazenoviarecovery.org

f /CazenoviaRecovery

(716) 852-4331



Turning Point House

9136 Sandrock Rd. Eden, NY 14057 (716) 992-4972

Unity House

For homeless men 923 Sycamore St. Buffalo, NY 14212 (716) 884-4952